

# NAVIGATING THE GREY ZONE

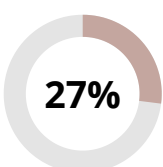
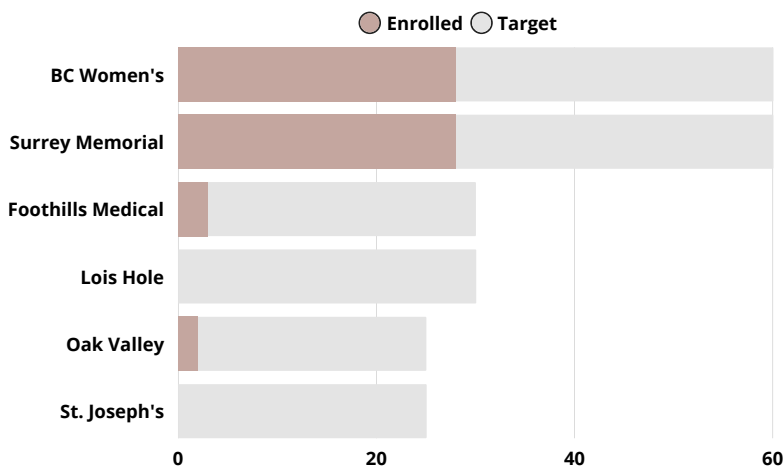
JULY 2022 NEWSLETTER

## Highlights

Happy summer to our Grey Zone Team! These newsletters will be sent monthly to inform you about the latest study updates.

As more sites start recruitment, we have seen a substantial bump in participant enrollment! Additionally, our initial draft of the decision support tool has been submitted to the Society of Obstetricians and Gynaecologists of Canada.

## Recruitment Summary



of our total **pre-intervention** recruitment goal for May - November 2022 has been met!

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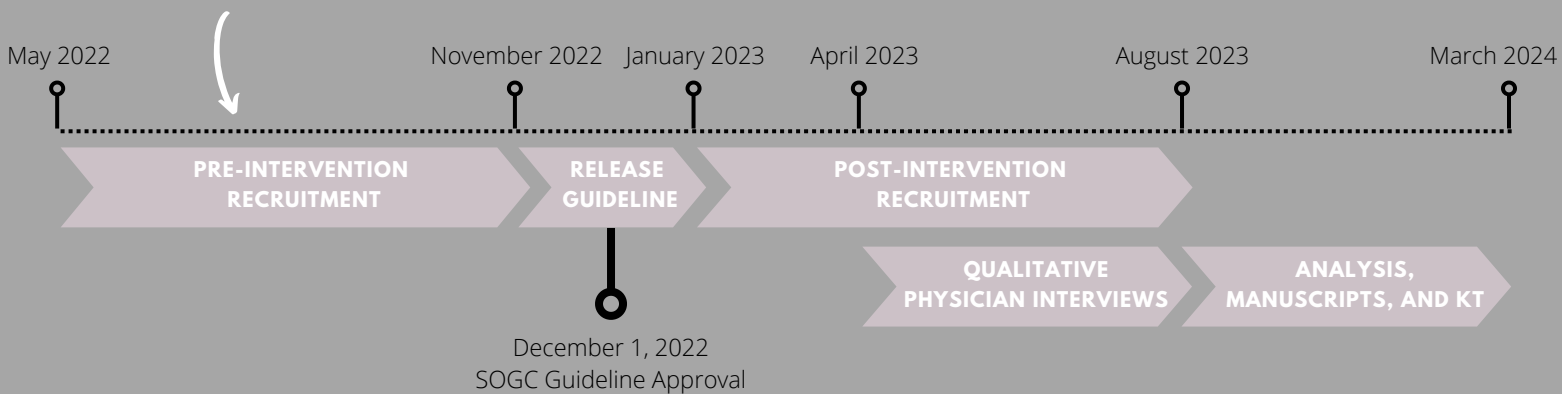
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# STUDY TIMELINE

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## Guideline Updates

- The initial draft of the guideline and decision support tool for late preterm antenatal corticosteroids has been submitted to the Society of Obstetricians and Gynaecologists of Canada.
- The decision support tool is a two-page document that summarizes short-term neonatal benefits and harms of late preterm antenatal corticosteroids, and available evidence on long-term outcomes.
- We piloted the decision support tool among 10 OBGYNs across Canada and implemented edits based on the feedback we received.
- We are aiming for full guideline approval by December 2022, after which the post-intervention phase of recruitment will start.



## Featured Profile



**Meet Shauna Littlefair,**  
Research Nurse  
Coordinator at  
Lois Hole Hospital  
in Edmonton

Shauna is a clinical Research Nurse Coordinator at the Lois Hole Hospital Women's Research Centre, located at the Royal Alexandra Hospital in Edmonton, Alberta. She holds a Bachelors in Science in Biology from Augustana University College and a Bachelor of Science in Nursing from the University of Alberta. Shauna is passionate about women and children's health and after working as a labor and delivery nurse for over 10 years, she transitioned to her new role with the support of the Women and Children's Health Research Institute. Shauna believes that continued growth in women's health research is necessary to improving lifelong women's health and contributing to better patient outcomes for both parent and baby.

Shauna has contributed to the development and operations of various studies over the last five years, including examining the impact of shift work on pregnancy, management of labor in order to reduce adverse outcomes, women's cardiovascular health in pregnancy, and physical exercise in pregnancy. Shauna is excited to be a part of the Grey Zone study team and explore the experience of those delivering late preterm infants to help improve education and support. In her spare time, Shauna enjoys gardening and walks with her dog, Lucy.